



THE COLLEGE OF  
OPTOMETRISTS

# Stage Two

Overarching case scenario 91

Age: 32 years, Occupation: Teacher. Hobbies: hockey, skiing, running. Drives. Non Smoker

LEE: 6/12 ago RE -5.25 6/5 N5

LE -4.75/-0.50 x 75 6/5 N5

Would like to go back to contact lenses. Happy with glasses generally but does lots of sport and outdoor activities so would like option of CLs. Vision D&N good in glasses.

Previous lens wear: wore SCLs since age 20, monthlies, all in one solution. Had no problems with lenses but 3 years ago was told was damaging eyes due to over wearing lenses so stopped wear.

Symptoms: none

OH: none

FOH: none

GH: Good

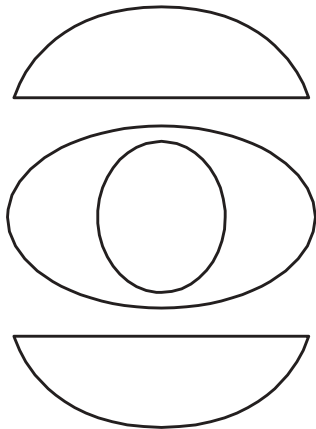
FGH: Nil

Allergies: slight hay fever in summer

Meds: antihistamines as required

## External examination

Very mild blepharitis, grade 0 MGD



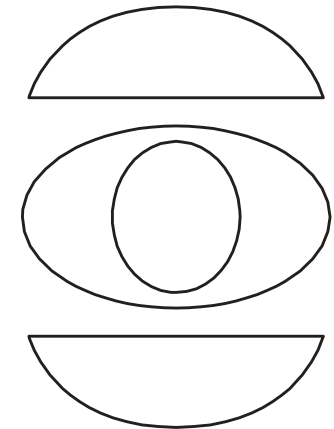
1.5mm encroachment of limbal vessels in both eyes – see image on next slide

Grade 0 limbal hyperaemia R&L

No corneal staining R or L

tBUT 24 seconds R&L

Very mild blepharitis, grade 0 MGD



Limbal appearance in both eyes



R91